

FOR IMMEDIATE RELEASE

September 16, 2009

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SMH Schedules Flu Shot Clinics

PLYMOUTH, N.H.--- Get the flu shot, not the flu is message from the Centers for Disease Control and the U.S. Department of Health and Human Services this fall. To provide easier access and promote greater vaccination rates for regular, seasonal flu, Speare Memorial Hospital has scheduled public flu clinics in several central New Hampshire communities:

September 26	Speare Memorial Hospital	8 - 11 a.m.
September 29	Waterville Valley Town Hall	9 a.m. – 3 p.m.
September 30	Plymouth Town Hall	10 a.m. – 7 p.m.
October 1	Plymouth Wal-Mart <i>(Pharmacy)</i>	10 a.m. – 6 p.m.
October 2	Plymouth Wal-Mart <i>(Pharmacy)</i>	10 a.m. – 6 p.m.
October 6	Holderness Town Hall	10 a.m. – 6 p.m.
October 7	Warren Town Hall	10 a.m. – 7 p.m.
October 8	Ashland Booster Club	10 a.m. – 7 p.m.
October 15	Campton Historical Society <i>(Old town hall)</i>	10 a.m. – 2 p.m.

SMH offers flu vaccine for persons 18 years and older. The cost is \$25 payable by cash or check, and a receipt will provided for submission to insurance for reimbursement. Medicare and Medicaid patients are asked to please bring their identification cards with them, and sign-in will be required.

For more information on flu prevention and the latest update on the H1N1 (Swine) Flu virus visit www.flu.gov or www.cdc.gov/flu.

Speare Memorial Hospital is a 24-hour, acute care, non-profit community hospital and health care provider serving Plymouth and the communities of central New Hampshire for more than a century. Visit online at www.spearehospital.com.

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