

# Giving Matters

By Susan Durgy, MBA, CFRE

One thing I love about living in a smaller community is the closeness you feel with people you see regularly. The people at the grocery store, the Fed Ex lady who gives my dog treats, the friendly folks at the bank. The familiarity is reassuring. One of the “certainties” that makes our community so special is that there is trust...a sense of mutual responsibility. We know that neighbors can depend on one another.

Here at Speare Memorial Hospital, you can trust that we will be here when the unexpected happens. Illness, injuries, accidents...it's all part of life. Isn't it heartening to know that excellent care, well-trained professionals and staff caring enough to focus on the details will be our safety net when those bumps in life happen?

During this upcoming season when we give thanks for our blessings, please consider making a gift to Speare. Your

charitable contribution may make the difference for a co-worker, family member, friend or that community member you see every week. The size of the gift doesn't matter...a gift that is meaningful to you is significant to us! Thank you for your support!

*If you are interested in discussing how you can make a lasting gift to Speare, one that will help make a difference for years to come, please contact me at 603-238-2211 or [sdurgy@spearehospital.com](mailto:sdurgy@spearehospital.com)*

*It is with sincere appreciation, the Board and Staff of Speare Memorial Hospital recognize gifts in the amount of \$33,076.68 from the following individuals, families, businesses and foundations. Each and every gift contributes to Speare Memorial's ability to provide excellent care when you, your friends and neighbors need us. Thank you for your generosity!*

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Sara J. Dembiec	Joy Leda	Ruth Stone, Martha and Louis Dignazio, and daughters	by Paul O'Grady and Liz Berini	Speare Memorial Hospital
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Bertha L. Duncklee	Ms. Mary Masland	Marvin Taub	by Robert and Barbara Carter	Speare Memorial Hospital
	Anonymous	Joan Thomas	by Stanley and Hilda Miller	Physicians and Nurses
				by Cynthia Woodman Carver

## Living Well with Diabetes

A four-week series of classes to help you understand what it means to have diabetes and to learn the skills you need to reach your personal health goals. Call the Diabetes Education office at 238-6472 for more information.

### Living with Diabetes Education and Support

First Thursday of each month, 9-10 am and 5-6 pm. SMH Cafeteria Annex. Share ideas and strategies with others living with diabetes. Free and open to everyone.

Tuesdays, December 6-27: 9-11 am and January 3-24: 9-11 am

### Coming in the New Year

Free monthly nutrition education sessions that will offer advice and resources to help you meet your 2012 health goals. Meets first Tuesday of each month at 5 pm. Call 238-6472 for more information.

